

~Life Enrichment Activities~

July 2026



Inter-Faith Care Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are held in the day rooms or dining rooms on Cedar or Oak OR in the Community Room. Be sure to ask for help if needed and staff will assist you to the activities.			1 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Communion Service ~Deacon Jon 1:15pm Game Time 3:00pm Bingo 7:00pm Ice Cream Treats	2 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 10:30am Armchair Travel 1:30pm Courtyard Fun Outdoors 3:00pm Card Making Club 4:15pm Noodle Ball 7:00pm Lemonade & Cookies	3 9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 10:30am Joyful Inspirations 1:00pm Rosary Gathering 1:15pm Game Time 3:00pm Happy Birthday America! ~Celebrating 250 Years 7:00pm Dunkin' Donuts	4 Happy Independence Day! 9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 10:30am Music & Memories 1:30pm Courtyard Fun Outdoors 2:30pm July 4th Bomb Pops in the Courtyard 4:15pm Mindful Moments 7:00pm Poppin' Popcorn & Pop
5 9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 10:30am Game Time 1:00pm Sunday Funday 2:00pm Worship Music 4:15pm Horseshoes 7:00pm Sunday Sundaes	6 9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 10:30am Remember When 1:15pm Game Time 2:00pm Bible Study 4:15pm Fly Swatters 7:00pm Apple Cider & Sweet Treats	7 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Our Saviors Lutheran 1:30pm Courtyard Fun Outdoors 4:15pm Bean Bag Toss 7:00pm Crunch & Munch	8 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 1:15pm Game Time 3:00pm Bingo 7:00pm Ice Cream Treats	9 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 10:30am Armchair Travel 1:30pm Courtyard Fun Outdoors 4:15pm Noodle Ball 7:00pm Lemonade & Cookies	10 9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 10:30am Joyful Inspirations 1:00pm Rosary Gathering 1:15pm Game Time 3:00pm ~Music by Spencer Walton 7:00pm Dunkin' Donuts	11 9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 10:30am Music & Memories 1:30pm Courtyard Fun Outdoors 2:30pm Popsicles on the Patio 4:15pm Mindful Moments 7:00pm Poppin' Popcorn & Pop
12 9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 10:30am Game Time 1:00pm Sunday Funday 2:30pm Worship Service ~Bethesda Lutheran Church 4:15pm Horseshoes 7:00pm Sunday Sundaes	13 9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 10:30am Remember When 1:15pm Game Time 2:00pm Bible Study 3:00pm Resident Council 4:15pm Fly Swatters 7:00pm Apple Cider & Sweet Treats	14 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Chaplain Rebecca 1:30pm Courtyard Fun Outdoors 3:15pm Campfire in the Basement Reading w/Author Darrell Pederson 7:00pm Crunch & Munch	15 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 1:15pm Game Time 3:00pm Bingo 7:00pm Ice Cream Treats	16 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 10:30am Armchair Travel 1:30pm Courtyard Fun Outdoors 3:00pm Card Making Club 4:15pm Noodle Ball 7:00pm Lemonade & Cookies	17 9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 10:30am Joyful Inspirations 1:00pm Rosary Gathering 1:15pm Game Time 2:00pm ~Music by The T-Bone Rey Show 7:00pm Dunkin' Donuts	18 9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 10:30am Music & Memories 1:30pm Courtyard Fun Outdoors 2:30pm Popsicles on the Patio 4:15pm Mindful Moments 7:00pm Poppin' Popcorn & Pop
19 9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 10:30am Game Time 1:00pm Sunday Funday 3:00pm Worship Service ~Chaplain Rebecca & Friends 7:00pm Sunday Sundaes	20 9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 10:30am Remember When 1:15pm Game Time 2:00pm Bible Study 4:15pm Fly Swatters 7:00pm Apple Cider & Sweet Treats	21 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Chaplain Rebecca 1:30pm Courtyard Fun Outdoors 4:15pm Bean Bag Toss 7:00pm Crunch & Munch	22 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 1:15pm Game Time 3:00pm Bingo 7:00pm Ice Cream Treats	23 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 10:30am Armchair Travel 1:30pm Courtyard Fun Outdoors 4:15pm Noodle Ball 7:00pm Lemonade & Cookies	24 9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 10:30am Joyful Inspirations 1:00pm Rosary Gathering 3:00pm Yard Games & Snacks in the Courtyard 7:00pm Dunkin' Donuts	25 9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 10:30am Music & Memories 1:30pm Courtyard Fun Outdoors 2:30pm Popsicles on the Patio 3:00pm ~Music by Joseph Koitiranta 7:00pm Poppin' Popcorn & Pop
26 9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 10:30am Game Time 1:00pm Sunday Funday 3:00pm Worship Service ~Chaplain Rebecca & Friends 7:00pm Sunday Sundaes	27 9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 10:30am Remember When 1:15pm Game Time 2:00pm Bible Study 4:15pm Fly Swatters 7:00pm Apple Cider & Sweet Treats	28 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Bethesda Lutheran Church 1:30pm Courtyard Fun Outdoors 2:00pm Self-Advocacy Workshop 4:15pm Bean Bag Toss 7:00pm Crunch & Munch	29 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 1:15pm Game Time 3:00pm Bingo 7:00pm Ice Cream Treats	30 9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 10:30am Armchair Travel 1:30pm Courtyard Fun Outdoors 3:00pm Card Making Club 4:15pm Noodle Ball 7:00pm Lemonade & Cookies	31 9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 10:30am Joyful Inspirations 1:00pm Rosary Gathering 1:15pm Game Time 3:00pm July Birthday Party ~Music by Pappy 7:00pm Dunkin' Donuts	*Activities are subject to change.* Movies, games, and puzzles, always available for use in rooms or gathering areas.