

~Life Enrichment Activities~

May 2026



Inter-Faith Care Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities are held in the day rooms or dining rooms on Cedar or Oak OR in the Community Room. Be sure to ask for help if needed and staff will assist you to the activities.</p>						<p>1</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 11:00am Joyful Inspirations 1:00pm Rosary Gathering 1:15pm Game Time 2:30pm Karaoke Singalong & Snacks 7:00pm Dunkin' Donuts</p>
<p>3</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday 1:00pm Game Time 3:00pm Worship Service ~Chaplain Rebecca & Friends 7:00pm Sunday Sundaes</p>	<p>4</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 10:30am -Food Committee Meet & Greet w/Patrick 2:00pm Bible Study 3:00pm Resident Council 4:15pm Fly Swatters 7:00pm Apple Cider & Sweet Treats</p>	<p>5</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Our Saviors Lutheran 1:15pm Game Time 2:30pm Cinco de Mayo Make Your Own Tacos 4:15pm Bean Bag Toss 7:00pm Crunch & Munch</p>	<p>6</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 1:15pm Game Time 3:00pm Bingo 7:00pm Ice Cream Treats</p>	<p>7</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Soma Yoga Relaxation 11:00am Armchair Travel 1:15pm Game Time 4:15pm Noodle Ball 7:00pm Lemonade & Cookies</p>	<p>8</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 11:00am Joyful Inspirations 1:00pm Rosary Gathering 1:15pm Game Time 3:00pm ~Music by Joseph Koitiranta 7:00pm Dunkin' Donuts</p>	<p>9</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 11:00am Music & Memories 1:30pm Courtyard Fun Outdoors 4:15pm Mindful Moments 7:00pm Poppin' Popcorn & Pop</p>
<p>10</p> <p>Happy Mother's Day! 9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday 1:00pm Game Time 2:30pm Mother's Day Social ~All are welcome! 7:00pm Sunday Sundaes</p>	<p>11</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 10:30am Thank You Card Making 2:00pm Bible Study 4:15pm Fly Swatters 7:00pm Apple Cider & Sweet Treats Happy National Skilled Nursing Care Week</p>	<p>12</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Chaplain Rebecca 1:15pm Game Time 3:15pm Campfire in the Basement Reading w/Author Darrell Pederson 7:00pm Crunch & Munch</p>	<p>13</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 1:15pm Game Time 3:00pm Bingo 7:00pm Ice Cream Treats</p>	<p>14</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Armchair Travel 1:15pm Game Time 2:30pm Moments in Bloom Planting 4:15pm Noodle Ball 7:00pm Lemonade & Cookies</p>	<p>15</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 11:00am Joyful Inspirations 1:00pm Rosary Gathering 1:15pm Game Time 3:00pm ~Music by Gina Devaney 7:00pm Dunkin' Donuts</p>	<p>16</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 11:00am Music & Memories 1:30pm Courtyard Fun Outdoors 4:15pm Mindful Moments 7:00pm Poppin' Popcorn & Pop</p>
<p>17</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday 1:00pm Game Time 2:30pm Worship Service ~Bethesda Lutheran Church 4:15pm Horseshoes 7:00pm Sunday Sundaes</p>	<p>18</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 11:00am Remember When 2:00pm Bible Study 4:15pm ~Music by Larkspur Reed Trio 7:00pm Apple Cider & Sweet Treats</p>	<p>19</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Reverend Larry Cain 1:15pm Game Time 4:15pm Bean Bag Toss 7:00pm Crunch & Munch</p>	<p>20</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 1:15pm Game Time 3:00pm Bingo 7:00pm Ice Cream Treats</p>	<p>21</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Armchair Travel 1:15pm Game Time 3:00pm Images ~A Reading w/Author Gary Homstad 7:00pm Lemonade & Cookies</p>	<p>22</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 11:00am Joyful Inspirations 1:00pm Rosary Gathering 1:15pm Game Time 3:30pm T-Bone Rey Show 7:00pm Dunkin' Donuts</p>	<p>23</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 11:00am Music & Memories 1:30pm Courtyard Fun Outdoors 4:15pm Mindful Moments 7:00pm Poppin' Popcorn & Pop</p>
<p>24</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday 1:00pm Game Time 3:00pm Worship Service ~Chaplain Rebecca & Friends 7:00pm Sunday Sundaes</p>	<p>25</p> <p>Memorial Day 9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 11:00am Remember When 2:00pm Bible Study 2:30pm Ice Cream Sundaes 4:15pm Fly Swatters 7:00pm Apple Cider & Sweet Treats</p>	<p>26</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Bethesda Lutheran Church 1:15pm Game Time 4:15pm Bean Bag Toss 7:00pm Crunch & Munch</p>	<p>27</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 1:15pm Game Time 3:00pm Lions Club Bingo 7:00pm Ice Cream Treats</p>	<p>28</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Soma Yoga Relaxation 11:00am Armchair Travel 1:15pm Game Time 4:15pm Noodle Ball 7:00pm Lemonade & Cookies</p>	<p>29</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Chair Yoga -Day Room 11:00am Joyful Inspirations 1:00pm Rosary Gathering 1:15pm Game Time 3:15pm May Birthday Party ~Music by Tom Cawcutt 7:00pm Dunkin' Donuts</p>	<p>30</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 11:00am Music & Memories 1:30pm Courtyard Fun Outdoors 4:15pm Mindful Moments 7:00pm Poppin' Popcorn & Pop</p>
<p>31</p> <p>9:30am This Day in History + Inter-Faith Moments 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday 1:00pm Game Time 2:30pm Worship Service 4:15pm Horseshoes 7:00pm Sunday Sundaes</p>	<p>*Activities are subject to change.*</p> <p>Movies, games, and puzzles, always available for use in rooms or gathering areas.</p>					