

~Life Enrichment Activities~

December 2025



Inter-Faith Care Center

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Brain Waves 3:00pm Resident Council 5:00pm Mix & Mingle -Dining Room 7:00pm Apple Cider & Sweet Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Our Saviors Lutheran 3:15pm Daily Devotional 5:00pm Mix & Mingle -Dining Room 7:00pm Crunch & Munch	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 3:00pm Bingo 5:00pm Mix & Mingle -Dining Room 7:00pm Ice Cream Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Remember When 3:15pm Game Time -Oak Dining Room 5:00pm Mix & Mingle -Dining Room 7:00pm Tea & Cookies	9:30am This Day in History 10:00am Chair Yoga -Day Room 10:30am Food Committee Meeting 1:00pm Rosary Gathering 3:00pm ~Music by Ted & Rose 5:00pm Mix & Mingle -Dining Room 7:00pm Dunkin' Donuts	9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 3:00pm Apple Cider & Chats 5:00pm Mix & Mingle -Dining Room 7:00pm Poppin' Popcorn & Pop	9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 2:30pm Worship Music 5:00pm Mix & Mingle -Dining Room 7:00pm Sunday Sundaes
8	9	10	11	12	13	14
9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Brain Waves 3:30pm ~Music by "Squeazy" Wes Miller 5:00pm Mix & Mingle -Dining Room 7:00pm Apple Cider & Sweet Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service 3:00pm Campfire in the Basement ~Author Darrell Pederson 5:00pm Mix & Mingle -Dining Room 7:00pm Crunch & Munch	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 3:00pm Bingo 5:00pm Mix & Mingle -Dining Room 7:00pm Ice Cream Treats	9:30am This Day in History 10:00am Soma Yoga Relaxation 11:00am Remember When 3:15pm Game Time -Oak Dining Room 5:00pm Mix & Mingle -Dining Room 7:00pm Tea & Cookies	9:30am This Day in History 10:00am Christmas Carol Sing-Along w/Grace Church Homeschool Co-op 1:00pm Rosary Gathering 2:00pm Holiday Movie Matinee 5:00pm Mix & Mingle -Dining Room 7:00pm Dunkin' Donuts	9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 3:00pm Apple Cider & Chats 5:00pm Mix & Mingle -Dining Room 7:00pm Poppin' Popcorn & Pop	9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 2:30pm Worship Service ~Bethesda Lutheran Church 5:00pm Mix & Mingle -Dining Room 7:00pm Sunday Sundaes
15	16	17	18	19	20	21
9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Brain Waves 3:00pm ~Music by The Finnish One Man Band Steve Solkela 5:00pm Mix & Mingle -Dining Room 7:00pm Apple Cider & Sweet Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Reverend Larry Cain 1:30pm Holiday Activities w/CMS Student Council 5:00pm Mix & Mingle -Dining Room 7:00pm Crunch & Munch	8:00am Breakfast w/Santa 9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 3:00pm Bingo 5:00pm Mix & Mingle -Dining Room 7:00pm Ice Cream Treats	9:30am This Day in History 10:00am Soma Yoga Relaxation 11:00am Remember When 3:15pm Game Time -Oak Dining Room 5:00pm Mix & Mingle -Dining Room 7:00pm Tea & Cookies	9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Armchair Travel 1:00pm Rosary Gathering 2:00pm Autumn Voices Winter Concert 5:00pm Mix & Mingle -Dining Room 7:00pm Dunkin' Donuts	9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 3:00pm Apple Cider & Chats 5:00pm Mix & Mingle -Dining Room 7:00pm Poppin' Popcorn & Pop	9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 2:00pm Ladies of Kaleva Social & Snacks 5:00pm Mix & Mingle -Dining Room 7:00pm Sunday Sundaes
22	23	24	25	26	27	28
9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Brain Waves 2:00pm Christmas Cookies + Songs w/South Terrace 2nd Graders 5:00pm Mix & Mingle -Dining Room 7:00pm Apple Cider & Sweet Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Bethesda Lutheran Church 2:00pm Holiday Tea Party 5:00pm Mix & Mingle -Dining Room 7:00pm Crunch & Munch	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 3:00pm Christmas Eve Bingo 5:00pm Mix & Mingle -Dining Room 7:00pm Ice Cream Treats	Christmas Day 9:30am This Day in History 10:30am Christmas Hymns 11:00am Remember When 2:30pm Merry Christmas Social 3:15pm Game Time -Oak Dining Room 5:00pm Mix & Mingle -Dining Room 7:00pm Tea & Cookies	9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Armchair Travel 1:00pm Rosary Gathering 3:00pm December Birthday Party ~Music by Spencer Walton 5:00pm Mix & Mingle -Dining Room 7:00pm Dunkin' Donuts	9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 3:00pm Apple Cider & Chats 5:00pm Mix & Mingle -Dining Room 7:00pm Poppin' Popcorn & Pop	9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 2:30pm Worship Service with Bill 5:00pm Mix & Mingle -Dining Room 7:00pm Sunday Sundaes
29	30	31	Activities are held in the day rooms or dining rooms on Cedar or Oak OR in the Community Room. Be sure to ask for help if needed and staff will assist you to the activities.		*Activities are subject to change.* Movies, games, and puzzles, always available for use in rooms or gathering areas.	
9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Brain Waves 2:00pm Movie Matinee 5:00pm Mix & Mingle -Dining Room 7:00pm Apple Cider & Sweet Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Zion Lutheran Church 3:15pm Daily Devotional 5:00pm Mix & Mingle -Dining Room 7:00pm Crunch & Munch	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 3:00pm New Year's Eve Party & Bingo 5:00pm Mix & Mingle -Dining Room 7:00pm Ice Cream Treats				

Room and 1:1 Visits occur as needed at 1:15 PM each day.

~Listen and watch for local caroler and choir groups who will be coming to spread holiday cheer throughout the month! Enjoy their songs and singalong!~

