

~Life Enrichment Activities~

November 2025



Inter-Faith Care Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are held in the day rooms or dining rooms on Cedar or Oak OR in the Community Room. Be sure to ask for help if needed and staff will assist you to the activities.						1 9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 3:00pm Apple Cider & Chats 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Poppin' Popcorn & Pop
2 9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 2:30pm Worship Music 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Sunday Sundaes	3 9:30am This Day in History 10:30am Baking Bunch 3:00pm Resident Council 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Apple Cider & Sweet Treats	4 9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Our Saviors Lutheran 3:15pm Daily Devotional 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Crunch & Munch	5 9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 3:00pm Bingo 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Ice Cream Treats	6 9:30am This Day in History 10:00am Soma Yoga Relaxation 11:00am Remember When 3:15pm Game Time -Oak Dining Room 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Tea & Cookies	7 9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Armchair Travel 1:00pm Rosary Gathering 2:30pm Movie Matinee + Popcorn 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Dunkin' Donuts	8 9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 2:30pm ~Music by Spencer Walton 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Poppin' Popcorn & Pop
9 9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 2:30pm Worship Service ~Bethesda Lutheran Church 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Sunday Sundaes	10 9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Brain Waves 1:30pm Activity w/CMS Student Council 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Apple Cider & Sweet Treats	11 Veterans Day 9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service 2:00pm Veterans Day Program 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Crunch & Munch	12 9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 3:00pm Bingo 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Ice Cream Treats	13 9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Remember When 3:15pm Game Time -Oak Dining Room 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Tea & Cookies	14 9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Armchair Travel 1:00pm Rosary Gathering 3:00pm ~Music by Glenn Laspi 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Dunkin' Donuts	15 9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 3:00pm Apple Cider & Chats 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Poppin' Popcorn & Pop
16 9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 2:00pm Ladies of Kaleva Social & Snacks 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Sunday Sundaes	17 9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Brain Waves 2:00pm Movie Matinee 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Apple Cider & Sweet Treats	18 9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Reverend Larry Cain 3:15pm Daily Devotional 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Crunch & Munch	19 9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 3:00pm Bingo 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Ice Cream Treats	20 9:30am This Day in History 10:00am Soma Yoga Relaxation 11:00am Remember When 3:15pm Game Time -Oak Dining Room 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Tea & Cookies	21 9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Armchair Travel 1:00pm Rosary Gathering 3:00pm ~Music by Gina Devaney 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Dunkin' Donuts	22 9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 3:00pm Apple Cider & Chats 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Poppin' Popcorn & Pop
23 9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 2:30pm Worship Music 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Sunday Sundaes	24 9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Brain Waves 2:00pm Movie Matinee 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Apple Cider & Sweet Treats	25 9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Bethesda Lutheran Church 3:15pm Daily Devotional 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Crunch & Munch	26 9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 3:00pm Bingo 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Ice Cream Treats	27 Happy Thanksgiving! 9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Remember When 2:30pm Thanksgiving Jingo 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Tea & Cookies	28 9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Armchair Travel 1:00pm Rosary Gathering 3:00pm November Birthday Party ~Music by Joseph Koitiranta 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Dunkin' Donuts	29 9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 3:00pm Apple Cider & Chats 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Poppin' Popcorn & Pop
30 9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 2:30pm Worship Music 5:00pm Mix & Mingle-Dining Room Activity 7:00pm Sunday Sundaes			*Activities are subject to change.* Movies, games, and puzzles, always available for use in rooms or gathering areas.			

Room and 1:1 Visits occur as needed at 1:15 PM each day.