

~Life Enrichment Activities~

June 2025



Inter-Faith Care Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 1:15pm Room Visits 2:30pm Hymn Singalong 5:00pm Mindful Moments 7:00pm Sunday Sundaes	9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Town Hall Meeting with MN Representative Dotseth 1:15pm Room Visits 3:00pm Resident Council 5:00pm Horseshoes 7:00pm Lemonade & Sweet Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Our Saviors Lutheran 1:15pm Room Visits 3:00pm Game Time 5:00pm Resident Choice Activity 7:00pm Crunch & Munch	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 1:15pm Room Visits 3:00pm Bingo 5:00pm Noodle Ball 7:00pm Ice Cream Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Remember When 1:15pm Room Visits 2:30pm Bible Study -Community Room 5:00pm Brain Waves 7:00pm Tea & Cookies	9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Armchair Travel 1:15pm Room Visits 3:00pm Karaoke Singalong & Snacks 5:00pm Resident Choice Activity 7:00pm Dunkin' Donuts	9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 1:15pm Room Visits 3:00pm Courtyard Fun 5:00pm Singalong Saturdays 7:00pm Poppin' Popcorn & Pop
8	9	10	11	12	13	14
9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 1:15pm Room Visits 2:30pm Worship Service ~Bethesda Lutheran Church 3:00pm Ladies of Kaleva Social & Snacks 5:00pm Mindful Moments 7:00pm Sunday Sundaes	9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Armchair Travel 1:15pm Room Visits 3:30pm ~Music by "Squeezy" Wes Miller 5:00pm Horseshoes 7:00pm Lemonade & Sweet Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Reverend Larry Cain 1:15pm Room Visits 3:00pm Game Time 5:00pm Resident Choice Activity 7:00pm Crunch & Munch	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 1:15pm Room Visits 3:00pm Bingo 5:00pm Noodle Ball 7:00pm Ice Cream Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 10:30am Self-Advocacy Workshop -Community Room 1:15pm Room Visits 2:30pm Bible Study -Community Room 5:00pm Brain Waves 7:00pm Tea & Cookies	9:30am This Day in History 10:00am Rhubarb Baking 1:15pm Room Visits 3:00pm Rhubarb Dessert Social 5:00pm Resident Choice Activity 7:00pm Dunkin' Donuts	Flag Day 9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 1:15pm Room Visits 3:00pm Courtyard Fun 5:00pm Singalong Saturdays 7:00pm Poppin' Popcorn & Pop
15	16	17	18	19	20	21
Happy Father's Day! 9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 1:15pm Room Visits 2:00pm Father's Day Social -All are welcome! 5:00pm Mindful Moments 7:00pm Sunday Sundaes	9:30am Soma Yoga Relaxation -Community Room 9:30am Soma Yoga Relaxation -Community Room 11:00am Campfire in the Basement ~With Author Darrell J. Pedersen 1:15pm Room Visits 3:00pm Courtyard Fun 5:00pm Horseshoes 7:00pm Lemonade & Sweet Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Chaplain Jon 1:15pm Room Visits 3:00pm Game Time 5:00pm Resident Choice Activity 7:00pm Crunch & Munch	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 1:15pm Room Visits 3:00pm Bingo 5:00pm Noodle Ball 7:00pm Ice Cream Treats	Juneteenth 9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Remember When 1:15pm Room Visits 2:30pm Bible Study -Community Room 5:00pm Brain Waves 7:00pm Tea & Cookies	First Day of Summer 9:30am This Day in History 10:00am Chair Yoga -Day Room 11:00am Armchair Travel 1:15pm Room Visits 3:00pm ~Music by Spencer Walton 5:00pm Resident Choice Activity 7:00pm Dunkin' Donuts	9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 1:15pm Room Visits 3:00pm Courtyard Fun 5:00pm Singalong Saturdays 7:00pm Poppin' Popcorn & Pop
22	23	24	25	26	27	28
9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 1:15pm Room Visits 2:30pm Hymn Singalong 5:00pm Mindful Moments 7:00pm Sunday Sundaes	9:30am This Day in History 10:30am Painting 1:15pm Room Visits 3:00pm Courtyard Fun 5:00pm Horseshoes 7:00pm Lemonade & Sweet Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Chaplain Jon 1:15pm Room Visits 4:00pm Classic Car Show 5:00pm Resident Choice Activity 7:00pm Crunch & Munch	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~St. Francis Church 1:15pm Room Visits 3:00pm Bingo 5:00pm Noodle Ball 7:00pm Ice Cream Treats	9:30am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Remember When 1:15pm Room Visits 2:30pm Bible Study -Community Room 5:00pm Brain Waves 7:00pm Tea & Cookies	9:30am This Day in History 10:00am Chair Yoga -Day Room 10:30am Food Committee Meeting -Community Room 1:15pm Room Visits 3:00pm June Birthday Party ~Music by Ted & Rose 5:00pm Resident Choice Activity 7:00pm Dunkin' Donuts	9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 1:15pm Room Visits 3:00pm Courtyard Fun 5:00pm Singalong Saturdays 7:00pm Poppin' Popcorn & Pop
29	30					
9:30am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 1:15pm Room Visits 2:00pm Worship Service ~Mahtowa Covenant Church 5:00pm Mindful Moments 7:00pm Sunday Sundaes	9:30am Soma Yoga Relaxation -Community Room 9:30am Soma Yoga Relaxation -Community Room 11:00am This Day in History 1:15pm Room Visits 3:00pm Courtyard Fun 5:00pm Horseshoes 7:00pm Lemonade & Sweet Treats		Activities are held in the day rooms or dinging rooms on Cedar or Oak OR in the Community Room. Be sure to ask for help if needed and staff will assist you to the activities.			*Activities are subject to change.* Movies, games, and puzzles, always available for use in rooms or gathering areas.

