



# Inter-Faith Care Center Menu for Week 1 MEAL TIMES 8 AM- 12 PM- 6PM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Hot or Cold Cereal	Oatmeal or	Sausage Gravy over	Cream of Rice or	Farina or	Pancakes	Malt-O-Meal or
Hard Boiled Egg	Farina	Biscuit	Cold Cereal	Cold Cereal	with Maple Syrup	Cold Cereal
Wheat Toast or	Egg Patty	Hot or	Scrambled Eggs	Omelet	Sausage Links	Scrambled Eggs
Muffin	Wheat Toast	Cold Cereal	Bacon	Cinnamon Toast	Hot or Cold Cereal	Cinnamon Roll
			Muffin Toast			
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
American Goulash	Ranch Pork Chop	Smothered	Ham Dinner	Potato Crunch Fish	Turkey Casserole	Roast Beef Dinner
Parsley Corn	Baked Potato	Southern Chicken	Fresh Cut Yams	Roasted Red	Sweet Peas	Mashed Potatoes
Dinner Roll	Green Beans	Mashed Potatoes	Riviera Blend Veg	Potatoes	Homemade	Gravy
Banana Bar	½ slice Bread	Carrots	1/2 Slice Buttered	California Blend Veg	Brownie	Vegetable Blend
	Pudding	Dinner Roll	Bread	Cake		Cook's Choice Pie
		Cooks Choice Bar	Ice Cream			
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Chicken Vegetable	Creamy Mushroom	Meat loaf Sandwich	Turkey Sub	Beef Rancher's Pie	Pulled Pork on Bun	Homemade Chicken
Soup	Potatoes with Ham	Potato Chips	Lettuce, Tomato, &	Carrot Slaw	Steak House Potato	Noodle Soup
Deli Meat Sandwich	Green Peas	Coleslaw	Potato Salad	Dinner Roll	salad	Marvelous Bologna
Lettuce & Tomato	Orange Whipped	Fruit Cocktail Salad	Peaches	Mandarin Oranges	Baked Beans	Sandwich
Rosy Pears	Jell-O	his at the Change of the			Pears Alternative Meal Or	Fruit Cup

\*\* Menu Subject to Change\*\*

Alternative Meal Options Available





#### **MEAL TIMES 8 AM-12 PM- 6-PM**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Oatmeal	Cream of Wheat	Oatmeal or	Malt-O-Meal	Cream of Rice or	2 French Toast	Hot or Cold Cereal
Scrambled Eggs	Hard Boiled Egg	Cold Cereal	Stuffed Breakfast	Cold Cereal	w/Maple Syrup	Egg Bake
Muffin Toast	Apple Turnover	Pepper Egg Patty	Biscuit	Scrambled Eggs	Ham Patty	Coffee Cake
	Wheat Toast	Wheat Toast		Wheat Toast	Hot or Cold Cereal	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Salisbury Steak	Pork Chop	Chicken Lasagna	Baked Ham	Lemon Pepper Fish	Hamburger Steak	Roast Turkey
Meatballs	Baked Potato	Seasoned Broccoli	Au Gratin Potatoes	Baked Potato with	with Onion Gravy	Stuffing or
Mashed Potatoes	Green and Gold	Breadstick	Green Peas	Sour Cream	Fried Potatoes	Mashed Potatoes
and Gravy	Beans	Cake	1/2 slice Bread	Coleslaw	Northwest Grande	Gravy
Corn	Dinner Roll		Ice Cream Sundae	Dinner Roll	Vegetable Blend	Peas & Carrots
½ slice Bread	Chocolate Mousse			Banana Bars	Peach Cobbler	Dinner Roll
Whipped Jell-O						Cook's Choice Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Tuna Noodle	Hamburger Gravy	2 Pancakes	Turkey & Swiss on a	Creamy Hamburger	Cranberry Chicken	Hot Dog on a Bun
Casserole	Over /Mashed	Maple Syrup	Bun	Rice Casserole	Salad on a Croissant	Potato Chips
Italian Blend	Carrots	2 Bacon	Lettuce & Tomato	Mixed Vegetables	Lettuce Leaf	Power slaw
Vegetables	Mandarin Oranges	Fruited Jell-O	Homemade	1/2 slice Bread	Creamy Broccoli	Baked Beans
Bread stick			Vegetable Soup	Applesauce	Cheese Soup	Fruit Cocktail
Creamy Fruit Salad			Fruit Cup		Diced Pears	





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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Hot or Cold	Oatmeal	Cream of Wheat	Malt-O-Meal	Cream of Rice or	Hot or Cold Cereal	Oatmeal or Cold
Cereal	Scrambled Eggs with	Omelet	Egg Patty	Cold Cereal	Waffles with	Cereal
Hard Boiled Egg	Cheese	Raisin Toast	Muffin Toast	Hard Boiled Egg	Berry Topping &	Scrambled Eggs
Wheat Toast	Wheat Toast			Cherry Danish	Maple Syrup	Caramel Roll
					Sausage Links	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
BBQ Meatballs	Polish Sausage on a	Creamy Garlic	Baked Ham	Breaded Fish	Turkey Shepard's	Roast Pork with
Au Gratin Potatoes	Bun	Chicken Breast	Yams	Fried Potatoes	Pie	Gravy
Green Beans	Sauerkraut	Mashed & Gravy	Steamed Buttered	Coleslaw	Peas & Pearl Onions	Cheesy Hash Browns
1/2 slice Bread	Parsley Potatoes	<b>Glazed Carrots</b>	Broccoli	1/2 slice Bread	Corn Bread	Green Beans
Cake	Mixed Vegetables	Dinner Roll	1/2 slice Bread	Cake	Pumpkin Bar	Dinner Roll
	Ice Cream	Jell-O	Pudding			Cook's Choice Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Chicken Spaghetti	Ham Boiled Dinner	Beef Goulash	Loaded Baked	Hamburger /Bun	Beef Stew	Homemade Chicken
Corn Pepper and	Dinner Roll	Cottage Cheese	Potato Soup	Potato Chips	with a	Noodle Soup
Onion Blend	Fruit Cocktail	Pickled Beets	Turkey & Swiss on	Baked Beans	Buttermilk Biscuit	Egg Salad on Rye
Garlic Bread		1/2 slice Bread	Marble Rye	Grapes	Fruit Cup	Lettuce Leaf
Applesauce		Rosy Pears	Lettuce & Tomato Peaches			Mandarin Oranges

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Alternative Meal Options Available





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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Oatmeal	Farina	Oatmeal or Cold	Cream of Rice or	Malt-O-Meal	Pancakes	Cream of Rice or
Hard Cooked Egg	Egg Patty	Cereal	Cold Cereal	Scrambled Eggs with	Maple Syrup	Cold Cereal
Donut	Wheat Toast	Omelet	Hard Cooked Egg	Ham	Bacon	Scrambled Eggs
		Cinnamon Toast	<b>English Muffin Toast</b>	Wheat Toast		with Cheese
						Muffin
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Spanish Rice Bake	Iowa Pork Chop	Garlic Mushroom	Hot Meatloaf	Fish	Salisbury Steak	Ham Dinner
Peas & Carrots	Seasoned Roasted	Chicken Thighs	Sandwich with	Steamed Parsley	Mashed Potatoes	Baked Yams
Pudding	Potatoes	Garden Rice	Mashed & Gravy	Potatoes	And Gravy	Peas & Pearl Onions
	Dilled Carrots	Broccoli	Corn	Green Beans	Vegetable Blend	Dinner Roll
	Bar	Apple Cake	Cookie	Cooks Choice Bars	Brownie	Cook's Choice Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Cheese Burger	Ham & Bean Soup	Sloppy Joe	Cream of Potato	Ham Macaroni	Chicken Salad	Beef and Barley
Steak House	Herbed Ham	Tater Tots	Soup	&Cheese Hot Dish	Sandwich	Soup
Potato Salad	Sandwich on	Sweet Peas	Roast Beef &	Vegetable Blend	Ranch Pasta Salad	Turkey, Ham, &
Cole Slaw	Ciabatta	Orange Whipped	<b>Provolone Sandwich</b>	Mandarin Oranges	Power Slaw	Cheese on Marble
Peaches	Cinnamon	Jell-O	Lettuce & Onion		Fruit Salad	Rye
	Applesauce		Pears			Fruit Cocktail

\*\*Menu Subject to Change\*\*

Alternative Meal Options Available





#### **MEAL TIMES 8 AM 12 PM-6 PM**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Oatmeal	Cream of Wheat	Malt-O-Meal	Oatmeal	Cream of Rice or	Waffles with	Oatmeal
Hard Cooked Egg	Egg Patty	Cheese Omelet	Hard Cooked Egg	Cold Cereal	Berry Topping	Frittata
Wheat Toast	Wheat Toast	English Muffin Toast	Apple Turnover	Denver Scrambled	Ham Patty	Banana Bread
				Eggs	Hot or Cold Cereal	
				Wheat Toast		
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
American Chow	BBQ Riblet	Chicken Rice Hotdish	Country Style Pork	Lemon Pepper Fish	Chicken Wild Rice	Baked Ham
Mein	Seasoned Red	Carrots	Ribs w/ Kraut	Baked potato/w	Hotdish	Steamed Potatoes
Oriental Blend	Potato	Dinner Roll	<b>Buttered Peas</b>	sour cream	Broccoli	Root Vegetables
Vegetables	Corn	Frosted Cake	Steamed Potatoes	Green Beans	Jell-O Cake	Dinner Roll
Cookie	Pudding		Cooks Choice Bar	Pudding		Cook's Choice Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Chicken Tenderloin	Split Pea Soup	Spaghetti with Meat	Crab Salad on a	Hot Dog on a Bun	Homemade	Chili
on a Bun w Cheese	Bologna & Cheese	Sauce	Honey Wheat Roll	Ketchup & Mustard	Vegetable Soup	Sour Cream &
Garlic Mashed w/	Sandwich	Italian Blend	Chips	Baked Beans	Beef & Swiss on Bun	Cheese
Butter	Fruit Cocktail	Vegetables	Power Slaw	Potato Salad	Mandarin Oranges	Cornbread
Coleslaw		Garlic Toast	Peaches	Rosy Pears		Tropical Fruit
Mandarin Oranges		Applesauce				
	** Manu Subject to (				Alternative Meal Ontions Avai	

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