



Inter-Faith Care Center Menu for Week 1

MEAL TIMES 6AM -12 PM-6 PM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Oatmeal or	Farina or	Cold Cereal	Cream of Rice	Farina or	French Toast	Malt-O-Meal or
Cold Cereal	Cold Cereal	Hard Boiled Egg	Scrambled Egg	Cold Cereal	w/Maple Syrup	Cold Cereal
Eggs	Egg Patty	Wheat Toast	with Bacon	Eggs	Sausage Links	Scrambled Eggs
Wheat Toast	Cinnamon Toast		Wheat Toast	Wheat Toast		Cinnamon Roll
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Spaghetti with	Cabbage Casserole	Brat on a Bun	Minnesota Tater	Baked Fish	Creamy Chicken	Roast Beef
Meat Sauce	with Beef Gravy	Sauerkraut	Tot Hot Dish	Roasted Potatoes/w	Alfredo over Pasta	Mashed Potatoes
Garlic Bread	Glazed Carrots	Potato Salad	Cauliflower	Peppers & Onions	Broccoli	& Gravy
Italian Green Beans	Buttered Bread	Mixed Vegetables	Dinner Roll	Vegetable medley	w/ Garlic Toast	Corn
Ice Cream	Cookie	Brownie	Fruited Jell-O	Cooks Choice Bar	Pudding	Dinner Roll
						Cook's Choice Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Chicken Burger on	Chicken Noodle	Hearty Stew	Pulled Pork	Cheeseburger	Chipped Beef on	Tuna Salad on
Bun	Soup	Buttermilk Biscuit	Sandwich	Steak House Potato	Toast	Wheat Bread
Chips	½ Egg Salad	Fruit Salad	Potato Chips	Salad	Peas & Carrots	Creamy Vegetable
Cole Slaw	Sandwich		Baked Beans	Pickle Slices	Cookie	Soup
Applesauce	Diced Peaches		Mandarin Oranges	Diced Pears		Peaches & Pears

Menu Subject to Change





Inter-Faith Care Center Menu for Week 2

MEAL TIMES 8 AM -12 PM-6 PM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Oatmeal	Farina Cereal	Oatmeal	Cream of Rice	Farina	Pancakes	Malt O Meal or
Hard Cooked Egg	Scrambled Eggs w/	Omelet	Hard Cooked Egg	Egg Patty	w/Maple Syrup	Cold Cereal
Wheat Toast	Bell Peppers	Wheat Toast	Bacon	Wheat Toast	Sausage Links	Scrambled Eggs
	Wheat Toast		Wheat Toast			Cinnamon Roll
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Pork Chop	Homemade	Baked Ham	Swedish Meatballs	Baked Fish	Kielbasa	Roast Turkey
with Gravy	Lasagna	Yams	Mashed	Rice Pilaf	Roasted Reds	Stuffing
Roasted Potatoes	Italian Blend	Calif Blend Veg	Beets	Mixed Vegetables	Sauerkraut	Gravy
Seasoned Green	Vegetables	Jell-O	Dinner Roll	Cherry Crisp w/	Cheese Cake Bar	Green Beans
Peas	Garlic Breadstick		Cake	Whip Topping		Cranberries
Frosted Cake	Cookie		ARTER BUILT SER			Cooks Choice Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Fish Burger on bun	BBQ Chicken	Sloppy Joe on a	Chicken Wild Rice	Roast beef and	Beef Barley Soup	Hot Dog on a Bun
/w lettuce	Mashed Potatoes	Bun	Soup	Swiss Sandwich	Saltines	Ketchup &
Tater Tots	Whole Kernel Corn	Chips	Saltines	Tomato Soup	1/2 Ham & Cheese	Mustard
Cole Slaw	Pineapple Tidbets	Pickle Slices	Egg Salad Sandwich	Power Slaw/w	on White Bread	Potato Chips
Mandarin Oranges		Tropical Fruit	Tomato Wedges	Poppyseed	Diced Peaches	Baked Beans
			Ice Cream	Dressing		Rosy Applesauce
				Fruit Cup		

^{**} Menu Subject to Change**





Inter-Faith Care Center Menu for Week 3

MEAL TIME 8-AM-12-PM-6-PM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Oatmeal	Farina Cereal	Cold Cereal	Malt-O-Meal	Cream of Rice	French Toast	Malt-O-Meal
Hard Boiled Egg	Cheese Omelet	Scrambled Eggs	Hard Cooked	Scrambled Eggs	w/Maple Syrup	Scrambled Eggs
Wheat Toast	English Muffin	Wheat Toast	Hashbrowns	with Cheese	Ham Patty	Cinnamon Roll
	Toast		Wheat Toast	Wheat Toast		
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Wild Rice	Beef Stroganoff	Smothered Pork	Wild Rice Meatballs	Lemon Pepper Fish	Chicken Fried	Roast Pork with
Casserole	over Egg Noodles	Chop	Mashed Potatoes	Baked Potato w/	Steak	Gravy
Peas & Pearl	Broccoli Florets	Stuffing	Mixed Vegetables	sour cream	Mashed Potatoes	Onion Roasted
Onions	Apple Crumb Cake	Green Beans	Cake	Cole Slaw	/w Country Gravy	Potatoes
Ice Cream		Chocolate Mousse		Cookie	Dilled Carrots	Oregon Blend
					Pudding	Dinner Roll
						Cook's Choice Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Garden Vegetable	BBQ Pulled Pork	Chili	Cream of Potato	Polish on Bun	Chicken Tenders	Cabbage Rolls Soup
Soup	Potato Chips	Topped w/ Cheese	Soup	Baked Beans	Dipping Sauce	Bread Stick
Saltines	Coleslaw	& Sour Cream	Ham Salad	Sauerkraut	Oven Baked Tater	Salad
Meat & Cheese	Dill Pickles	Cornbread	Sandwich /w	Pineapple	Tots	Rosy Applesauce
Deli Sandwich	Diced Peaches	Fruit Cocktail	Lettuce & Tomato		Mixed Vegetables	
Diced Pears			Mandarin Oranges		Diced Peaches	

^{**} Menu Subject to Change**





Inter-Faith Care Center Menu for Week 4

MEAL TIMES 8 AM- 12 PM-6 PM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Oatmeal	Farina	Oatmeal	Cream of Rice	Malt-O-Meal	Pancakes	Malt-O-Meal
Hard Cooked Egg	Scrambled Eggs	Frittata	Hard Cooked Egg	Scrambled Eggs	Maple Syrup	Scrambled Eggs
Wheat Toast	with Cheese	Wheat Toast	English Muffin	with Ham	Sausage Patty	Cook's Choice
	Wheat Toast		Toast	Wheat Toast		Muffin
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Italian Goulash	Honey Mustard	Shepard's Pie	Hamburger Gravy	Baked Fish	Salisbury Steak	Baked Ham
Dinner Roll	Chicken	Beef Gravy	Over Mashed	Rice Pilaf	Mashed Potatoes	Au Gratin Potatoes
Whole Kernel Corn	Baked Potato w/	Parsley Cauliflower	Winter Blend	Baked Squash	and Gravy	Peas & Pearl
Cookie	Sour Cream	Breadstick	Vegetable	Cherry Crisp	Mixed Vegetables	Onions
	Roasted Root Veg.	Ice Cream	Bread		Pudding	Dinner Roll
	Lemon Bar		Cake			Cook's Choice Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Mushroom Swiss	Hot Dog	Scalloped Potatoes	Chicken Nuggets	Split Pea Soup	BBQ Riblet	Chicken Pot Pie
Burger	Macaroni and	& Ham Bake	Dipping Sauce	Saltines	Sandwich	over a Biscuit
Lettuce & Tomato	Cheese	Peas & Carrots	Garlic Mashe/butter	Ham Salad	Pickle Slices	Side Salad with
Potato Chips	Mixed Vegetables	Diced Peaches	Power slaw	Sandwich	Potato Salad	Choice of Dressing
Diced Pears	Fruit Cocktail		Mandarin Oranges	Applesauce	Fruit Cocktail	Pineapple Tidbits
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