



### **Inter-Faith Care Center Menu for Week 1**

#### **MEAL TIMES 8 AM 12 PM 6 PM**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Pancakes w/ syrup	Hard-boiled Egg	Egg & Cheese Bake	Hard-boiled Egg	Egg & Ham Bake	French Toast w/	Hard-boiled Egg
Bacon	Malt-O-Meal	Cream of Wheat	Cream of Rice	Oatmeal	Maple Syrup	Oatmeal
Oatmeal	Raisin Toast	Banana	Wheat Toast	Iced Cinnamon Roll	Sausage Links	Tri Tatars
		Wheat Toast			Malt-O-Meal	Wheat Toast
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Oven-Fried	Swedish Meatballs	Oven-browned	Baked Ham	Pub House Fish	Beef Pizza	Roast Beef Dinner
Chicken	w/Seasoned	Pork Chop	Company Cabbage	Baked Potato	Casserole	Mashed Potato
Au Gratin Potatoes	Noodles	Sweet Potatoes	Oven-roasted Red	w/Sour Cream	Italian Veggies	with Gravy
Broccoli	Harvard Beets	Green Beans	Potatoes	Coleslaw	Breadstick	Vegetable Medley
Wheat Bread	Wheat Bread	Dinner Roll	Wheat Bread	Wheat Bread	Pineapple Tidbits	Dinner Roll
Cookie	Apple Crisp	Fruit Salad	Frosted Cake	Strawberry Ice		? Pie
				Cream		
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Sweet & Sour Pork	Potato Chowder	Hot Dog on Bun	Chicken Strips	Boiled Dinner	Chili	Fish Sticks
Over Rice	Tuna Salad on	Creamy Pasta	Mashed Potatoes	Dinner Roll	Coleslaw	Cheesy Rice
Oriental Blend Veg	Croissant	Salad	Mixed Vegetable	w/ Margarine	Corn Muffin	Peas
Mandarin Oranges	Lettuce & Tomao	Baked Beans	Wheat Bread	Fruit Cocktail	Chocolate Pudding	Jell-O
Fortune Cookie	Chilled Pears	Vanilla Ice Cream	Peaches			
Milk	Milk	Milk	Milk			

<sup>\*\*</sup>Menu Subject to Change\*\*





# **Inter-Faith Care Center Menu for Week 2**

### **MEAL TIMES 8-AM-12 PM-6 PM**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Oatmeal	Malt O Meal	Cream of Wheat	Cream of Rice	Oatmeal	Malt O Meal	Cream of Wheat
Scrambled Egg	Hard-boiled Egg	Scrambled Egg	Egg Patty &	Hard-boiled Egg	Waffle w/Fruit	Scrambled Egg w/
Wheat Toast	Raisin Toast	Banana	Cheese on a	Wheat Toast	Topping	Cheese
Milk	Milk	Wheat Toast	Croissant	Milk	Sausage Links	Apple Muffin
		Milk	Milk		Milk	Milk
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Tater Tot	Herb Chicken	Beef Stroganoff	Chicken Patty w/	Baked Fish	Pork Chop	Oven Roasted Turkey
Casserole	Mashed Potatoes	over Noodles	Bun	Garden Rice	Baked Potato w/	Mashed Potatoes w/
Carrots	w/ Gravy	Mixed Vegetable	Mac & Cheese	Broccoli	sour cream	Gravy
Garlic Breadstick	Green Beans	Dinner Roll	Lettuce & Tomato	Slice of Bread	Carrot Coins	California Blend Veg Dinner Roll
Fruit Salad	Rice Krispie Bar	Iced Banana Cake	Pudding	Cookie	Ice Cream	Cooks Choice pie
Milk	Milk	Milk	Milk	Milk	Milk	Milk
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Split Pea Soup	BBQ Riblet Sandwich	Pancakes	Potato Soup	Cheeseburger	BBQ Beef on Bun	<b>Hearty Beef Stew</b>
Egg Salad on	Parsley Potato	w/ Syrup	Ham Salad	Pickles	Roasted Red	<b>Buttery Biscuit</b>
Wheat	Cauliflower	Sausage Patty	Sandwich	Potato Chips	Potatoes	w/ Margarine
Ice Cream	Pineapple Tidbits	Sliced Apples	Whopped Jell-0	Baked Beans	Coleslaw	Rosy Applesauce
Milk	Milk	Milk	Milk	Mandarin Oranges	Diced Pears	Milk
		N.		Milk	Milk	=

<sup>\*\*</sup>menu Subject to Change\*\*

Alternative Meal Options Available





## **Inter-Faith Care Center Menu for Week 3**

### **MEAL TIMES 8 AM -12 PM-6 PM**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice Cheese Omelet Oatmeal Wheat Toast Milk	Orange Juice Scrambled Egg Malt-O-Meal Sausage Links Raisin Toast	Orange Juice Hard Boiled Egg Cream of Wheat Banana Wheat Toast	Orange Juice Egg and Cheese Bake Cream of Rice Wheat Toast	Orange Juice Scrambled Egg Hashbrown Patty Oatmeal Wheat Toast	Orange Juice French Toast Bacon Maple Syrup Malt-O-Meal	Orange Juice Egg Bake Blueberry Muffin Cream of Wheat Milk
	Milk	Milk	Milk	Milk	Milk	Dinner
Dinner  Ham and Scalloped Potatoes Peas & Onions Spice Cake Milk	Chicken Chow Mein Fluffy Rice Oriental Vegetables Diced Pears Bread Milk	Tuna Noodle Casserole Italian Vegetables Dinner Roll Lemon Square Milk	Dinner Turly Stuffing Casserie Peus & Carrots Whipped Jell-o Cranberry Sauce Milk	Potato Crunch Fish Mashed Potato w/Butter Seasoned Broccoli Orange Sherbet Milk	Dinner  Herbed Chicken  Sour Cream  Potatoes  Carrot Coins  Poke Cake  Milk	BBQ Glazed Ham loaf Sweet Potato California Vegetable Dinner Roll Cooks Choice Pie
Supper	Supper	Supper	Supper	Supper	Supper	Milk Supper
Spaghetti w/ Meat Sauce Garlic Toast Coleslaw Tropical Fruit Milk	Vegetable Soup Turkey Sandwich on Wheat Cranberry Waldorf Salad Ice Cream Milk	Kielbasa Potato Salad Baked Beans Diced Peaches Milk	Sloppy Joe on Bun Potato Chips Dill Spears Layered Veg. Salad Applesauce Milk	Cabbage Roll Casserole Cream Corn Fruit Cocktail Milk	Minestrone Soup Chicken Salad Sand Diced Pears Milk	Chili Cole slaw Cornbread Muffin Mandarin Oranges Milk

# Inter-Faith Care Center Menu for Week 4 - MEAL TIMES 8 AM-12 PM- 6 PM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Egg Bake Breakfast
Boil Egg	Scrambled Eggs	Waffles w/ Berry	Scrambles Eggs	Hard Boiled Egg	Pancakes w/	Coffee Cake
Oatmeal	Malt-o- Meal	Sauce	Cream of Rice	Oatmeal	Syrup	Cream of Wheat
Wheat Toast	Banana	Bacon	Wheat toast	Wheat Toast	Sausage Links	Milk
Milk	Raisin Toast	Cream of wheat	Milk	Milk	Malt -o-Meal	
	Milk	Milk			Milk	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Salisbury Steak	Cranberry Glazed	Meatloaf	Baked Glazed	Lemon Pepper	Tirelley One	Roast Pork Dinner
Mashed Potatoes	Chicken	Baked potato	Ham	Fish	Chowler	Oven Roasted Potatoes
w/ Gravy	Cheesy	w/sour cream	Scalloped	Garden Rice	Cheddur 's	Mixed Veggies
Green Peas	Hashbrowns	Parslied	Potatoes	Scandinavian Veg	Bisaut	Dinner Roll
Pumpkin Bar	Winter Blend Veg	Cauliflower	Green Beans	Chocolate Chip		Cooks Choice Pie
Milk	Peach Cobbler	Frosted Cake	Wheat Bread	Banana Bar	Fruit cocktail	
	Milk	Milk	Jell-O	Milk	Milk	
			Milk			
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Turkey ala King	Tomato Soup	Chicken Burger on	California Burger	Chicken Tenders	Cream Chipped	Rotini w/ Meat Sauce
Over Biscuit	w/ Crackers	Bun w/mayo	w/ lettuce &	w/ Honey	Beef over Toast	Peas and Carrots
Beets	Tuna Melt	Italian Pasta Salad	Tomato	Mustard Sauce	Riviera Blend	Garlic Bread
Cinnamon Apples	Carrot Raisin Salad	Applesauce	Potato Chips	Tater Tots	Veggie	Tropical Fruit
Milk	Sugar Cookie	Milk	Diced Carrots	Power Slaw	Sherbet	Milk
	Milk		Pears	Peaches	Milk	
			Milk	Milk		

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