

~Life Enrichment Activities~

April 2024

INTER-FAITH CARE CENTER

Inter-Faith Care Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are held in the day rooms or dining rooms on Cedar or Oak or in the Community Room. Be sure to ask for help if needed and staff will assist in getting you to the activities.	1	2	3	4	5	6
	April Fool's Day 9:15am Chair Yoga 10:30am Baking Bunch 1:30pm Room Visits 3:00pm Resident Council 5:00pm Noodle Ball 7:00pm Page Turners	9:15am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Our Saviors Lutheran 1:30pm Room Visits 3:00pm Bible Study 5:00pm Horseshoes 7:00pm Tunes Tuesday	9:15am Brain Waves 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~ St. Francis Church 1:30pm Room Visits 3:00pm Bingo 5:00pm Bean Bag Twister 7:00pm Mindful Moments	9:15am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Remember When 1:30pm Room Visits 3:00pm Game Time 5:00pm Basketball Toss 7:00pm Hand Massages	9:15am This Day in History 10:00am Chair Yoga 11:00am Armchair Travel 1:30pm Room Visits 3:00pm Parachute & Popcorn 5:00pm Fly Swatters 7:00pm Comedy Night	*Weekend Nail Parlor* 9:15am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 1:30pm Room Visits 2:00pm Music ~Spencer Walton 5:00pm Bean Bag Toss 7:00pm Singalong Saturdays
7	8	9	10	11	12	13
Weekend Nail Parlor 9:15am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 1:30pm Room Visits 3:00pm Ice Cream Treats 5:00pm Toss Across 7:00pm Mindful Meditation	9:15am Chair Yoga 10:30am Painting 1:30pm Room Visits 3:00pm Snack & Chat Group 5:00pm Noodle Ball 7:00pm Page Turners	9:15am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Journey Christian Church 1:30pm Room Visits 3:00pm Bible Study 5:00pm Horseshoes 7:00pm Tunes Tuesday	9:15am Brain Waves 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~ St. Francis Church 1:30pm Room Visits 3:00pm Bingo 5:00pm Bean Bag Twister 7:00pm Mindful Moments	9:15am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Remember When 1:30pm Room Visits 3:00pm Game Time 5:00pm Basketball Toss 7:00pm Tea & Cookies	9:15am This Day in History 10:00am Mindful Moments Yoga 11:00am Armchair Travel 1:30pm Room Visits 3:00pm Music ~Ted & Rose 5:00pm Fly Swatters 7:00pm Comedy Night	*Weekend Nail Parlor* 9:15am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 1:30pm Room Visits 3:00pm Apple Cider and Chats 5:00pm Bean Bag Toss 7:00pm Singalong Saturdays
14	15	16	17	18	19	20
Weekend Nail Parlor 9:15am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 1:30pm Room Visits 3:00pm Worship Service ~Bethesda Lutheran Church 5:00pm Toss Across 7:00pm Mindful Meditation	9:15am Chair Yoga 11:00am Campfire in the Basement ~With Author Darrell J. Pedersen 1:30pm Room Visits 3:00pm Snack & Chat Group 5:00pm Noodle Ball 7:00pm Page Turners	9:15am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Reverend Larry Cain 1:30pm Room Visits 3:00pm Bible Study 5:00pm Horseshoes 7:00pm Tunes Tuesday	9:15am Brain Waves 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~ St. Francis Church 1:30pm Room Visits 3:00pm Bingo 5:00pm Bean Bag Twister 7:00pm Mindful Moments	9:15am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Remember When 1:30pm Room Visits 3:00pm Game Time 5:00pm Basketball Toss 7:00pm Hand Massages	9:15am This Day in History 10:00am Chair Yoga 11:00am Armchair Travel 1:30pm Room Visits 3:00pm Karaoke ~Snacks & Drinks 5:00pm Fly Swatters 7:00pm Comedy Night	*Weekend Nail Parlor* 9:15am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 1:30pm Room Visits 3:00pm Apple Cider and Chats 5:00pm Bean Bag Toss 7:00pm Singalong Saturdays
21	22	23	24	25	26	27
Weekend Nail Parlor 9:15am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 1:30pm Room Visits 2:00pm Ladies of Kaleva Social & Snacks 5:00pm Toss Across 7:00pm Mindful Meditation	Earth Day 9:15am Chair Yoga 10:30am Painting 1:30pm Room Visits 3:00pm Snack & Chat Group 5:00pm Noodle Ball 7:00pm Page Turners	9:15am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Journey Christian Church 1:30pm Room Visits 2:30pm Memorial Service 5:00pm Horseshoes 7:00pm Tunes Tuesday	9:15am Brain Waves 10:00am Movin' & Shakin' Fitness 11:00am Catholic Mass ~ St. Francis Church 1:30pm Room Visits 3:00pm Bingo 5:00pm Bean Bag Twister 7:00pm Mindful Moments	9:15am Movin' & Shakin' Fitness 10:00am Craft w/Grace Church Homeschoolers 1:30pm Room Visits 3:00pm Game Time 5:00pm Basketball Toss 7:00pm Tea & Cookies	9:15am This Day in History 10:00am Mindful Moments Yoga 11:00am Armchair Travel 1:30pm Room Visits 3:00pm April Birthday Party ~Music by Joseph Koitiranta 5:00pm Fly Swatters 7:00pm Comedy Night	*Weekend Nail Parlor* 9:15am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Chmielewski Funtime 1:30pm Room Visits 3:00pm Apple Cider and Chats 5:00pm Bean Bag Toss 7:00pm Singalong Saturdays
28	29	30				
Weekend Nail Parlor 9:15am This Day in History 10:00am Fit to Go & Balloon Toss 11:00am Sunday Funday Games 1:30pm Room Visits 2:00pm Worship Service ~Mahtowa Covenant Church 2:30pm Ice Cream Treats 5:00pm Toss Across 7:00pm Mindful Meditation	9:15am Chair Yoga 10:00am Lefse Prep 1:30pm Room Visits 3:00pm Snack & Chat Group 5:00pm Noodle Ball 7:00pm Page Turners	9:15am This Day in History 10:00am Movin' & Shakin' Fitness 11:00am Worship Service ~Chaplain Jon 1:30pm Room Visits 2:00pm Frying Lefse 3:00pm Bible Study 5:00pm Horseshoes 7:00pm Tunes Tuesday	*Activities are subject to change.* Movies, games, and puzzles, always available for use in rooms or gathering areas.			