



Inter-Faith Care Center Menu for Week 1

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice Pancakes w/ syrup Bacon Oatmeal Milk	Orange Juice Hard-boiled Egg Malt-O-Meal Raisin Toast Milk	Orange Juice Egg & Cheese Bake Cream of Wheat Banana Wheat Toast Milk	Orange Juice Hard-boiled Egg Cream of Rice Wheat Toast Milk	Orange Juice Egg & Ham Bake Oatmeal Iced Cinnamon Roll Milk	Orange Juice French Toast w/ Maple Syrup Sausage Links Malt-O-Meal Milk	Orange Juice Hard-boiled Egg Oatmeal Tri Tatars Wheat Toast Milk
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Oven-Fried Chicken Au Gratin Potatoes Broccoli Wheat Bread Cookie Milk	Swedish Meatballs w/Seasoned Noodles Harvard Beets Wheat Bread Apple Crisp Milk	Oven-browned Pork Chop Sweet Potatoes Green Beans Dinner Roll Fruit Salad Milk	Baked Ham Company Cabbage Oven-roasted Red Potatoes Wheat Bread Frosted Cake Milk	Pub House Fish Baked Potato w/Sour Cream Coleslaw Wheat Bread Strawberry Ice Cream Milk	Beef Pizza Casserole Italian Veggies w/ croutons Breadstick Pineapple Tidbits Milk	Roast Beef Dinner Mashed Potato with Gravy Vegetable Medley Dinner Roll Cherry Pie Milk
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Sweet & Sour Pork Over Rice Oriental Blend Veg Mandarin Oranges Fortune Cookie Milk	Potato Chowder Tuna Salad on Croissant Lettuce & Tomao Chilled Pears Milk	Hot Dog on Bun Creamy Pasta Salad Baked Beans Vanilla Ice Cream Milk	Chicken Strips Mashed Potatoes Mixed Vegetable Wheat Bread Peaches Milk	Boiled Dinner Dinner Roll w/ Margarine Fruit Cocktail Milk	Chili Coleslaw Corn Muffin Chocolate Pudding Milk	Fish Sticks Potato Wedges Corn Orange Jell-O Milk



Inter-Faith Care Center Menu for Week 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice Oatmeal Scrambled Egg Wheat Toast Milk	Orange Juice Malt O Meal Hard-boiled Egg Fresh Banana Raisin Toast Milk	Orange Juice Cold Cereal or Cream of Wheat Scrambled Egg Wheat Toast Milk	Orange Juice Cream of Rice Egg Patty & Cheese on a Croissant Milk	Orange Juice Oatmeal Hard-boiled Egg Wheat Toast Milk	Orange Juice Malt O Meal Waffle w/Fruit Topping Sausage Links Milk	Orange Juice Cream of Wheat Scrambled Egg w/ Cheese Apple Muffin Milk
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Tater Tot Casserole Carrots Garlic Breadstick Fruit Salad Milk	Herb Chicken Mashed Potatoes w/ Gravy Green Beans Rice Krispie Bar Milk	Beef Stroganoff over Noodles Mixed Vegetable Dinner Roll Iced Banana Cake Milk	Chicken Patty w/ Bun Mac & Cheese Lettuce & Tomato Pudding Milk	Baked Fish Garden Rice Broccoli Slice of Bread Cookie Milk	Pork Chop Baked Potato w/ sour cream Carrot Coins Ice Cream Milk	Oven Roasted Turkey Mashed Potatoes w/ Gravy California Blend Veg Dinner Roll Cooks Choice pie Milk
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Split Pea Soup Egg Salad on Wheat Ice Cream Sundae Milk	BBQ Riblet Sandwich Parsley Potato Cauliflower Pineapple Tidbits Milk	Pancakes w/ Syrup Sausage Patty Sliced Apples Milk	Potato Soup Ham Salad Sandwich Apricots Milk	Cheeseburger Pickles Potato Chips Baked Beans Mandarin Oranges Milk	BBQ Beef on Bun Roasted Red Potatoes Coleslaw Diced Pears Milk	Hearty Beef Stew Buttery Biscuit w/ Margarine Rosy Applesauce Milk



Inter-Faith Care Center Menu for Week 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice Cheese Omelet Oatmeal Wheat Toast Milk	Orange Juice Scrambled Egg Malt-O-Meal Sausage Links Raisin Toast Milk	Orange Juice Hard Boiled Egg Cream of Wheat Banana Wheat Toast Milk	Orange Juice Egg and Cheese Bake Cream of Rice Wheat Toast Milk	Orange Juice Scrambled Egg Hashbrown Patty Oatmeal Wheat Toast Milk	Orange Juice French Toast Bacon Maple Syrup Malt-O-Meal Milk	Orange Juice Egg Breakfast Quiche Blueberry Muffin Cream of Wheat Milk
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Ham and Scalloped Potatoes Peas & Onions Spice Cake Milk	Chicken Chow Mein Fluffy Rice Oriental Vegetables Diced Pears Bread Milk	Tuna Noodle Casserole Italian Vegetables Dinner Roll Lemon Square Milk	Roast Turkey w/ gravy Parsley Potatoes Butternut Squash Whipped Jell-o Cranberry Sauce Milk	Potato Crunch Fish Mashed Potato w/Butter Seasoned Broccoli Orange Sherbet Milk	Herbed Chicken Sour Cream Potatoes Carrot Coins Poke Cake Milk	BBQ Glazed Ham loaf Sweet Potato California Vegetable Dinner Roll Cooks Choice Pie Milk
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Spaghetti w/ Meat Sauce Garlic Toast Coleslaw Tropical Fruit Milk	Vegetable Soup Turkey Sandwich on Wheat Cranberry Waldorf Salad Ice Cream Milk	Kielbasa Potato Salad Baked Beans Diced Peaches Milk	Sloppy Joe on Bun Potato Chips Dill Spears Layered Veg. Salad Applesauce Milk	Cabbage Roll Casserole Cream Corn Fruit Cocktail Milk	Minestrone Soup Chicken Salad Sand Diced Pears Milk	Chili Cole slaw Cornbread Muffin Mandarin Oranges Milk

Inter-Faith Care Center Menu for Week 4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice Boil Egg Oatmeal Wheat Toast Milk	Orange Juice Scrambled Eggs Malt-o- Meal Banana Raisin Toast Milk	Orange Juice Waffles w/ Berry Sauce Bacon Cream of wheat Milk	Orange Juice Scrambles Eggs Cream of Rice Wheat toast Milk	Orange Juice Hard Boiled Egg Oatmeal Wheat Toast Milk	Orange Juice Pancakes w/ Syrup Sausage Links Malt -o-Meal Milk	Egg Bake Breakfast Coffee Cake Cream of Wheat Milk
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Salisbury Steak Mashed Potatoes w/ Gravy Green Peas Pumpkin Bar Milk	Cranberry Glazed Chicken Cheesy Hashbrowns Winter Blend Veg Peach Cobbler Milk	Meatloaf Baked potato w/sour cream Parslied Cauliflower Frosted Cake Milk	Baked Glazed Ham Scalloped Potatoes Green Beans Wheat Bread Jell-O Milk	Lemon Pepper Fish Garden Rice Scandinavian Veg Chocolate Chip Banana Bar Milk	Hot Turkey Sandwich Mashed Potatoes w/ Gravy Carrots Fruit cocktail Milk	Roast Pork Dinner Oven Roasted Potatoes Mixed Veggies Dinner Roll Cooks Choice Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Turkey ala King Over Biscuit Beets Cinnamon Apples Milk	Tomato Soup w/ Crackers Tuna Melt Carrot Raisin Salad Sugar Cookie Milk	Chicken Burger on Bun w/mayo Italian Pasta Salad Applesauce Milk	California Burger w/ lettuce & Tomato Potato Chips Diced Carrots Pears Milk	Chicken Tenders w/ Honey Mustard Sauce Tater Tots Power Slaw Peaches Milk	Cream Chipped Beef over Toast Riviera Blend Veggie Sherbet Milk	Rotini w/ Meat Sauce Peas and Carrots Garlic Bread Tropical Fruit Milk