

FALL - WINTER OCT - FEB



Inter-Faith Care Center Menu for Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice Oatmeal or Cold Cereal Eggs Wheat Toast	Orange Juice Farina or Cold Cereal Egg Patty Cinnamon Toast	Orange Juice Cold Cereal Hard Boiled Egg Wheat Toast	Orange Juice Cream of Rice Scrambled Egg with Bacon Wheat Toast	Orange Juice Farina or Cold Cereal Eggs Wheat Toast	Orange Juice French Toast w/Maple Syrup Sausage Links	Orange Juice Malt-O-Meal or Cold Cereal Scrambled Eggs Cinnamon Roll
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Spaghetti with Meat Sauce Garlic Bread Buttered Green Peas Ice Cream	Cabbage Casserole with Beef Gravy Glazed Carrots Buttered Bread Rice Krispy Bar COOKIE	Brat on a Bun Sauerkraut Potato Salad Mixed Vegetables Brownie	Minnesota Tater Tot Hot Dish Seasoned Carrots Dinner Roll Fruited Jell-O	Creamy Chicken Alfredo over Penne Pasta Broccoli Florets Pudding	Baked Fish Roasted Potatoes with Peppers & Onions Vegetable Medley Homemade Bar	Roast Beef Mashed Potatoes & Gravy Vegetable Medley Dinner Roll Cook's Choice Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Herbed Chicken Breast Rice Pilaf Dilled Carrots Dinner Roll Applesauce	Chicken Noodle Soup Saltines ½ Egg Salad Sandwich Diced Peaches	Hearty Beef Stew Buttermilk Biscuit Vegetable Medley Fruit Salad	Pulled Pork Sandwich Potato Chips Baked Beans Mandarin Oranges	Cheeseburger Potato Wedges Pickle Slices Coleslaw Diced Pears	Chipped Beef on Toast Peas & Carrots Fruit Cup	Tuna Salad on Multigrain Bun Roasted Root Vegetables Peaches & Pears



Inter-Faith Care Center Menu for Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Orange Juice Oatmeal Hard Cooked Egg Wheat Toast	Orange Juice Farina Cereal Scrambled Eggs w/ Bell Peppers Wheat Toast	Orange Juice Oatmeal Omelet Wheat Toast	Orange Juice Cream of Rice Hard Cooked Egg Bacon Wheat Toast	Orange Juice Farina Egg Patty Wheat Toast	Orange Juice Pancakes w/Maple Syrup Sausage Links	Orange Juice Malt O Meal or Cold Cereal Scrambled Eggs Cinnamon Roll
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Pork Chop with Gravy Roasted Potatoes Seasoned Green Peas Frosted Cake	Homemade Lasagna Italian Blend Vegetables Garlic Breadstick Cookie	Baked Fish Tartar Sauce Rice Pilaf Mixed Vegetables Fruit Crisp with Whipped Topping	Chicken Parmesan Hotdish over Egg Noodles Winter Blend Veg. Garlic Toast Cherry Cheesecake Bar	Baked Ham Baked Sweet Potato with Sour Cream Mixed Vegetables Jell-O	Swedish Meatballs over Egg Noodles Glazed Carrots Chocolate Cake	Roast Turkey Stuffing Gravy Green Beans Cranberries Pumpkin Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Tomato Soup Grilled Cheese Power slaw with Poppyseed Dressing Mandarin Oranges	BBQ Chicken Mashed Potatoes Whole Kernel Corn Diced Peaches	Sloppy Joe on a Bun Potato Wedges Pickle Slices Tropical Fruit	Beef and Barley Soup Saltines Egg Salad Sandwich Tomato Wedges Fresh Banana	Fish Burger on a Bun Lettuce & Cheese Tater Tots Coleslaw Fruit Cup	Creamy Chicken Wild Rice Soup Saltines ½ Ham & Cheese on White Bread Diced Peaches	Hot Dog on a Bun Ketchup & Mustard Potato Chips Baked Beans Rosy Applesauce



Inter-Faith Care Center Menu for Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Orange Juice Oatmeal Hard Boiled Egg Wheat Toast	Orange Juice Farina Cereal Cheese Omelet English Muffin Toast	Orange Juice Cold Cereal Scrambled Eggs Wheat Toast	Orange Juice Malt-O-Meal Hard Cooked Egg Bacon Wheat Toast	Orange Juice Cream of Rice Scrambled Eggs with Cheese Wheat Toast	Orange Juice French Toast w/Maple Syrup Ham Patty	Orange Juice Malt-O-Meal Scrambled Eggs Cinnamon Roll
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Chicken Wild Rice Casserole Peas & Pearl Onions Ice Cream	Beef Stroganoff over Egg Noodles Broccoli Florets Apple Crumb Cake	Chicken Fried Steak Mashed Potatoes Country Gravy Dilled Carrots Pudding	Wild Rice Meatballs Red Skin Garlic Mashed Potatoes Mixed Vegetables Cake	Smothered Pork Chop Stuffing Green Beans Dinner Roll Cookie	Lemon Pepper Fish Tartar Sauce Potato Wedges Coleslaw Mousse with Whipped Topping	Roast Pork with Gravy Rice Pilaf Corn Dinner Roll Cook's Choice Pie
<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>
Garden Vegetable Soup Saltines Meat & Cheese Deli Sandwich Diced Pears	BBQ Pulled Pork Potato Chips Coleslaw Dill Pickles Diced Peaches	Chili Topped w/ Cheese & Sour Cream Cornbread Fruit Cocktail	Cream of Potato Soup Ham Slices Pretzel Breadstick Broccoli Mandarin Oranges	Hearty Sausage, Egg, & Cheese Bake Tomato Slices Warm Cinnamon Baked Apples	Chicken Tenders Dipping Sauce Oven Baked Tater Tots Mixed Vegetables Diced Peaches	Cabbage Rolls with Gravy Mashed Potatoes Green Beans Rosy Applesauce



Inter-Faith Care Center Menu for Week 4

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Orange Juice Oatmeal Hard Cooked Egg Wheat Toast	Orange Juice Farina Scrambled Eggs with Cheese Wheat Toast	Orange Juice Oatmeal Frittata Wheat Toast	Orange Juice Cream of Rice Hard Cooked Egg English Muffin Toast	Orange Juice Malt-O-Meal Scrambled Eggs with Ham Wheat Toast	Orange Juice Pancakes Maple Syrup Sausage Patty	Orange Juice Malt-O-Meal Scrambled Eggs Cook's Choice Muffin
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Italian Goulash Dinner Roll Whole Kernel Corn Cookie	Honey Mustard Chicken Baked Potato w/ Sour Cream Winter Blend Veg. Lemon Bar	Shepard's Pie Beef Gravy Vegetable Medley Breadstick Ice Cream	Roast Pork Baked Potato w/ Sour Cream Green Beans Dinner Roll Pudding	Chicken Cordon Bleu Rice Pilaf Baked Squash Fruit Crisp	Salisbury Steak Mashed Potatoes and Gravy Mixed Vegetables Pudding	Baked Ham Au Gratin Potatoes Peas & Pearl Onions Dinner Roll Cook's Choice Pie
<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>
Mushroom & Swiss Burger Lettuce & Tomato Potato Chips Diced Pears	Mini Corn Dogs Macaroni and Cheese Mixed Vegetables Fruit Cocktail	Scalloped Potatoes & Ham Bake Peas & Carrots Diced Peaches	Chicken Nuggets Dipping Sauce Potato Wedges Powerslaw with Dressing Mandarin Oranges	Split Pea Soup Saltines Ham Salad Sandwich Cinnamon Baked Apples	BBQ Riblet Sandwich Pickle Slices Buttered Corn Fruit Cocktail	Chicken Pot Pie over a Biscuit Side Salad with Choice of Dressing Pineapple Tidbits